

Cancer Support Groups and Programs

Breast Cancer “Reaching Out” Support Group meets the second Monday of each month from 6:30 to 8:30 p.m. in the Ahwatukee Foothills Health Center Community Room at 4545 E. Chandler Blvd., Phoenix. Please call Monica Krise, MSW at (480) 728-3613 for more information.

Expressive Arts Therapies is the therapeutic use of arts as a way to foster human growth as well as develop self awareness, insight and self expression, facilitating positive life change and enrichment. Please call Monica Krise, MSW at (480) 728-3613 for more information.

General Cancer Support Group meets each Thursday from 2 to 3:30 p.m. in the Morrison Building, on the campus of Chandler Regional, at 1875 W. Frye Road. Please call Monica Krise, MSW at (480) 728-3613 for more information.

Leukemia and Lymphoma Support Group meets the third Wednesday of each month from 6 to 7:30 p.m. in the Morrison Building, on the campus of Chandler Regional, 1875 W. Frye Road. Please call Monica Krise, MSW at (480) 728-3613 for more information.

Look Good...Feel Better is a program of the American Cancer Society and will be held on the first Monday of every other month from 4:30 to 6:30 p.m. in the Morrison Building, on the campus of Chandler Regional, 1875 W. Frye Road. Please call Monica Krise, MSW at (480) 728-3613 for more information. Registration is required.

Mind, Body Skills Groups are available in the Morrison Building, on the campus of Chandler Regional, 1875 W. Frye Road. These small groups teach self-awareness, relaxation, meditation, guided imagery and self-expression to help deal with cancer, chronic illness, anxiety, depression, pain and other life stressors. Classes are two hours for six weeks with a commitment for participants to attend all six sessions. Please call Monica Krise, MSW at (480) 728-3613 for more information.

Ostomy Support Group meets on the second Tuesday of the month from 6:30 to 8 p.m. in the Morrison Building Board Room on the campus of Chandler Regional, 1875 W. Frye Road. Meetings will be held in January, March, May, September and November. Please contact Linda Terry at (480) 728-7077 for additional information.

Prostate Cancer Support Group meets the third Monday of each month from 4 to 5:30 p.m. at the Morrison Building, on the campus of Chandler Regional, 1875 W. Frye Road. The group does not meet over the summer (June, July, August). Please call Monica Krise, MSW at (480) 728-3613 for more information.

Sleep Improvement Group is a program for cancer patients and patient supporters, offered by Arizona State University Clinical Psychology Center. The series is seven, 90-minute sessions on Tuesdays at 1:30 p.m. in the Morrison Building, on the Chandler Regional campus, Conference Room 2 at 1875 W. Frye Road. Please call Monica Krise, MSW at (480) 728-3613 for more information and to learn when the next series begins. Registration is required.

Support for People with Oral Head & Neck Cancer (SPOHNC) is a support group for those with oral and head and neck cancer and their families. This group meets the first Wednesday of each month from 5:30 to 7:30 p.m. in the Morrison Building, on the campus of Chandler Regional, 1875 W. Frye Road. For any questions, please contact Dick Snider, M.D. at (480) 895-6019 or Monica Krise, MSW at (480) 728-3613.



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